**import java.util.regex.\*;**

**public class regularExpnAssisted {**

**public static void main(String[] args) {**

**String pattern = "[a-z]+";**

**String check = "Regular Expressions";**

**Pattern p = Pattern.*compile(pattern);***

***Matcher c = p.matcher(check);***

***while (c.find())***

***System.out.println( check.substring( c.start(), c.end() ) );***

***}***

***}***